



Callahan Middle School 2022-23 Athletic Tryout Information

All items must be completed, notarized where appropriate, and signed where appropriate.

- If any item is not completed, the packet will be deemed incomplete and the student may not participate.
- Please read all policies, codes, and pledges carefully.
- Please keep this first page for the dates, eligibility, and other valuable information.

The **Completed** Athletic Packet needs to be turned into Coach Skomrock or the front office. They must be turned in by the “Due By” date for the specific sport. Failure to do so will result in no participation. **No Exceptions!**

Sport	Tryout Dates	Athletic Packet Due By
Football	Aug. 1-3 3:20-5 PM	Aug. 2
Volleyball	Aug. 2-4 4:15-6 PM	Aug. 2
Girls Soccer	Oct. 17-18 4-5:30 PM	Oct. 13
Boys Soccer	Oct. 20-21 4-5:30 PM	Oct. 18
Basketball	Girls Oct. 24-25 4-5:30 PM Boys Oct. 24-25 5:30-7 PM	Oct. 20
Softball	January 23-24 4-5:30 PM	Jan. 18
Baseball	January 23-24 5-6:30 PM	Jan. 18
Track	January 30-31 4-6:30 PM	Jan. 28

IMPORTANT INFORMATION BEFORE YOU GET STARTED

- Be sure to read CMS Athletic Department Procedures and Policies.
- **All pages of Athletic Packet must be filled out completely and signed where appropriate.**
- Athletic Packets will not be accepted after the due date. The date for each sport is announced at school, well in advance of the due date giving each student plenty of time to get the paperwork in.
- **ONLY FHSAA physical forms will be accepted.**
- Proof of Accident Insurance and the Medical Authorization Form must be notarized. There is someone at the school available to notarize the forms, but you must be present to sign and have proper identification.
- Being placed on a CMS athletic team is up to the coaches’ discretion.
- A student needs to be in school at least half of the day to participate in that day’s event.
- Students must be picked up from practice and after a game **on time**.
- While at practice or at a game, students should abide by the Nassau County Dress Code.
- Students must attend school regularly.

ELIGIBILITY

- Students participating in middle school athletics must maintain a 2.0 grade point average in **ALL CLASSES** each semester to continue participation in their respective sport(s). If a student falls below the 2.0 GPA, he/she will be ineligible until the next semester. Students may not become eligible at progress report time or any other time prior to the conclusion of the semester.
- Students cannot be failing any classes.
- Upon entering the sixth grade for the first time, a student will be automatically eligible through the first grading period. Thereafter, his/her eligibility will be monitored each and every semester.
- To determine the eligibility of seventh and eighth grade students for the first semester, the overall GPA of core subjects from the previous semester will be used.
- Any student athlete who receives disciplinary action will be reviewed by a committee to determine whether they will remain on their respective team. This decision will be made by the Principal, Asst. Principal, Athletic Director and Head Coach. These decisions are at the discretion of the committee and are final.
- Any student who quits a sport is ineligible for the remainder of the semester and will not be allowed to try out for any other sport during said semester.
- The students' grade point average will be calculated by using the following conversions:

Numerical Grade Range	Letter	Grade Transfer
GPA Value		
90-100	A	4
80-89	B	3
70-79	C	2
60-69	D	1
59-0	F	0

TRYOUTS

- Tryouts are conducted by coaches and staff. All decisions are at their discretion.
- Be prepared to perform at the best of your ability. Do not wait until it's too late.
- The team will be posted at the school. Please do not call the school to find out if your child made the team. The front office is too busy to get those calls.
- There are no spectators permitted at these tryouts.

Callahan Middle School Athletic Department Procedures and Policies

Name
Last Name First

Student Name _____ Telephone# _____ Cell # _____

Team Rules: Students need to

- have good sportsmanship.
- follow the guidelines of the FHSAA.
- be on time to all games and practices.
- follow the coaches' team rules and expectations.
- **BE IN SCHOOL AT LEAST HALF OF THE DAY TO PARTICIPATE IN THAT DAY'S EVENT.**

Try-out Procedures:

- Athletic Packets will not be accepted after the due date.
- **Only FSHAA physical forms will be accepted.**
- Each sport will have a period of time in which the student/player will have an opportunity to show their skills.
- Being placed on a CMS athletic team is up to the coaches' discretion.
- Students are required to follow CMS dress code during after-school activities.

Travel Rules:

- Each student/player will follow the guidelines of Nassau County Bus Rules/Policies.
- Student/Player needs to be picked up on time. (No less than 30 minutes after arriving back to CMS).
- If your child is not going to ride the bus back they need the permission slip to be filled out and signed out that day.

Travel Dress Code:

- Each student/player will abide by the Nassau County School Board Dress Code Policy.

Behavior Consequences:

- No student/player can participate in a game when assigned to In- School Suspension (ISS).
- If the student/player has been released, the student/player may play, but it will be up to the coaches' discretion.
- The student/player can practice while assigned to In- School Suspension (ISS).
- Any student who quits a sport becomes ineligible for the remainder of the semester and will not be allowed to try out for another sport during that respective semester.

Out-of-School Suspension:

- The student/player will not be allowed to participate in practices or games while on OSS.

Academic Standing:

- Students participating in middle school athletics must maintain a 2.0 grade point average in **ALL CLASSES** each semester to continue participation in their respective sport(s). If a student falls below the 2.0 GPA, he/she will be ineligible until the next semester. Students may not become eligible at progress report time or any other time prior to the conclusion of the semester.
- Students cannot be failing any classes.
- Upon entering the sixth grade for the first time, a student will be automatically eligible through the first semester. Thereafter, his/her eligibility will be monitored each and every semester.
- Any student that has or receives two or more long-forms during that respective semester is ineligible for the remainder of that semester.

Numerical Grade Range	Letter	Grade Transfer	GPA Value
90-100	A		4
80-89	B		3
70-79	C		2
60-69	D		1
59-0	F		0

Coaches and student/players will follow the FHSAA Handbook and the Nassau County rules and expectations. All student/players participating in extracurricular activities will abide by the school's Code of Conduct book.

Student/Player Signature: _____

Parent/Guardian Signature: _____ Date: _____

Athlete's Pledge

Individual and team success in sports results from commitment. The extent to which young athletes are able to make such commitments reflects their maturity as well as their dedication to family, friends, school and team. Your coach already has made a similar kind of commitment.

Pledge:

As an athlete at Callahan Middle School, I promise: (initial each number to ensure you read and understand the pledge)

_____ 1. To be a worthy representative of my teammates and coaches, abiding by school and community expectations and reflecting my team's values of commitment and hard work.

_____ 2. To reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice.

_____ 3. To attend every practice unless excused by my coach.

_____ 4. To understand that my future as a responsible adult relates more to my academic than my athletic activities.

_____ 5. To find the time to satisfy my family relationships and responsibilities.

_____ 6. To accept the responsibilities of team membership: cooperation, support of my teammates, shared responsibilities, positive interaction, and mutual respect.

_____ 7. To reflect my belief that true strength involves gentleness and that even the toughest athlete is sensitive to others.

I have read the above statements and promise to live up to them:

(Signature) _____

Date: _____

Callahan Middle School Athletic Code

Athletics Philosophy

Callahan Middle School officials, coaches of athletic teams and sponsors of student activities believe that students who are selected for the privilege of membership on teams, squads, performing groups, clubs and other school organizations should conduct themselves as responsible representatives of the school. In order to assure this conduct, coaches and sponsors enforce the Code of Conduct. Furthermore, members of teams and organizations who fail to abide by the Code of Conduct are subject to disciplinary action. Members of teams and organizations must always serve as exemplars of high moral character and must demonstrate appropriate academic commitment which is expected from all students. As recognized representatives of their school, members are expected to exhibit appropriate behavior during the season or out of season, in uniform or out of uniform, on campus or off campus.

Callahan Middle School has as its primary goal the academic education of all students. Therefore, each coach has the obligation to encourage students to perform within reasonable academic standards.

Attendance is extremely important to a student's success. Students must attend school for at least ½ a day to participate in that day's athletic practice or event.

Each coach has the prerogative to establish additional rules pertaining to the activity supervised. These rules may include attendance at practices, dress, and general conduct of participants during practices, contests, etc. Rules set by coach should be communicated to the athletes before the activity.

Students who are suspended in or out of school are not allowed to participate in activities or athletics while they are under suspension.

My signature acknowledges that I have read the policies of the athletic department.

Signature of Parent_____ Signature of Student_____

The Parents' Pledge

Cooperation among coaches, athletes, parents, and school personnel is essential if students are to realize the values of athletic participation. Like coaches and athletes, parents must make commitments to the athletic program assure such cooperation. We ask that you read and initial the following Pledge. Thank you for your help and support.

As the parent of an athlete in this school, I promise:

_____ To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my child while he or she is middle school.

_____ To assure my child will attend all scheduled practices and athletic contests.

_____ To acknowledge the ultimate authority of the coach to determine strategy, playing time, and player selection.

_____ To promote mature behavior from students and parents during athletic contests.

_____ To work cooperatively with other parents and school personnel to assure a wholesome and successful athletic program for our school.

_____ To support the coaches additional standards on academics and/or discipline.

Signature_____ **Date:**_____